

3rd Positive Psychology in Practice Conference

24th to 25th June 2021 Virtual Conference



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24th to 25th June 2021

CHAired BY

Lucy Airs,
Director of The Sustainable Change People Ltd, France

SPEAKERS

Evelyn Bierbach,
CEO of „Ekatra“ - Personal Development through Coaching and YogaMeditation

Sok-ho Trinh,
Passionologist – Career & Leadership coach – Social scientist – Performer, London, UK

Dr. Ilona Boniwell,
CEO at Positran, France

Dr. Vikki Barnes,
Clinical Psychologist, Mental Health and Wellbeing Consultant, Specialist in Positive Psychology and Happiness. Previously worked in operational and strategic roles with Virgin Care, Virgin Limited Edition and the NHS

Rob Baker,
Founder & Chief Positive Deviant at Tailored Thinking

Sarah Lewis,
Managing Director and Principal Psychologist at Appreciating Change, London, UK

Prof Christian van Nieuwerburgh,
Professor of Coaching and Positive Psychology, University of East London

Dr Evie Rosset,
Lecturer, MAPP, Anglia Ruskin University, Co-founder, Maac Lab, Lyon, France

Dr. Patrick Gwyer,
Consultant Clinical Psychologist and Wellbeing and Happiness Social entrepreneur

Irena Ustinovic,
Trainer, Positive Psychology specialist, Coach and Mentor, Poland

Odile Carru,
Corporate and Executive Coaching, ICF Professional Certified Coach -PCC- France

Dr Tim Lomas,
Senior Lecturer in Positive Psychology at University of East London

Rene Oehlenschläger,
Author and Lecturer in Positive Psychology Denmark

Giselle Timmerman MAPP,
Founder of Positive Work: Leadership Development, Team Coaching, MBA & HRM Professor

Tünde Erdős,
MSc. in Executive Coaching, Ashridge Accredited Executive Coach EMCC EIA Senior Practitioner, MCC ICF

Dr Hazel Harrison,
Clinical Psychologist, Founder of ThinkAvellana, UK

About the conference

Following the success of last year's event, we are excited to announce the dates of the 3rd International Positive Psychology in Practice conference, which will be held in 2021, on June 24th and 25th.

We already have a promising line-up of amazing speakers who will join us for this event:

- ✔ Dr. Ilona Boniwell, CEO at Positran, France
- ✔ Dr. Patrick Gwyer, Consultant Clinical Psychologist and Wellbeing and Happiness Social entrepreneur
- ✔ Dr. Vikki Barnes, Clinical Psychologist, Consultant in Mental Health & Wellbeing, Positive Psychology & Happiness. International Speaker, Humanitarian, Nature Lover, Explorer
- ✔ Evelyn Bierbach, CEO of „Ekatra“ - Personal Development through Coaching und Yoga
- ✔ Irena Ustinovic, Commercial real estate, Warsaw, Masovian District, Poland
- ✔ Odile Carru, Corporate and Executive Coaching, ICF Professional Certified Coach PCC
- ✔ Sok-ho Trinh, Passionologist – Career & Leadership coach – Social scientist – Performer, London UK
- ✔ Sarah Lewis C.Psychol, Managing Director and Principal Psychologist at Appreciating Change, UK
- ✔ Irena Ustinovic, Trainer, Positive Psychology specialist, Coach and Mentor, Poland
- ✔ Rob Baker, FCIPD, MAPP Founder & Chief Positive Deviant, UK
- ✔ Dr Evie Rosset, Lecturer, MAPP, Anglia Ruskin University, Co-founder, Maac Lab, Lyon, France
- ✔ Rene Oehlenschläger, Author and Lecturer in Positive Psychology Denmark
- ✔ Giselle Timmerman MAPP, Founder of Positive Work: Leadership Development, Team Coaching, MBA & HRM Professor
- ✔ Tünde Erdős, MSc. in Executive Coaching, Ashridge Accredited Executive Coach EMCC EIA Senior Practitioner, MCC ICF
- ✔ Dr Hazel Harrison, Clinical Psychologist, Founder of ThinkAvellana, UK

PLEASE VISIT OUR SITE REGULARLY TO SEE UPDATES.

The international Positive Psychology movement, initiated by Seligman nearly two decades ago, continues to capture the attention of people around the world as a ground-breaking approach to the understanding of the human psyche. Despite being a relatively new field, the positive psychology movement continues to grow as an internationally respected field and has witnessed significant developments worldwide.

Positive Psychology is the field of research and practice that focuses on positive emotions by fostering human strengths and virtues, and enabling people to flourish by increased engagement, meaning making, personal satisfaction and well-being.

Featuring international keynote presentations on the latest research, case studies, practical applications for organisations, clinical settings and educational institutions; as well as personal wellbeing, this conference will help you apply scientifically-grounded positive psychology research into practical and real-life settings, making it accessible to practitioners.

Delegates will update their knowledge on recent developments and learn about future perspectives in the field of Positive Psychology.

FORMAT OF EVENT

The conference environment will nurture collaboration and communication.

Throughout the day, plenary sessions will be delivered between panel discussions, question and answer sessions, group activities and experiential learning.

The meeting will provide a valuable opportunity to network, share knowledge and ideas, and explore possible collaborations amongst all present.

We would like this event to be enjoyable, informative and educational for those who attend and we have committed all our enthusiasm, expertise and professionalism to realise this vision.

Together with our participants, we can create positive networking and growth opportunities for all involved.

OUR TWO DAYS WILL COVER A MIX OF EXPERT SPEAKERS AND FACILITATORS FOCUSSED ON THE FOLLOWING THEMES:

Positive Psychology: Theory and Methodology of Positive Psychology

Positive Psychology : Organisations and Professional Environments

Positive Psychology: Research Methods

Positive Psychology: Mental Health and Clinical Settings

Positive Psychology: Coaching and intervention

Positive Psychology: Education

Positive Psychology: Childhood and Youth

Positive Psychology: Social Change

Positive Psychology: Cross-cultural communication

Positive Psychology: Health and Wellness



TARGET AUDIENCE:

- ✔ Organisational & Business Leaders
- ✔ HR Staff
- ✔ Coaches, Practitioners & Entrepreneurs
- ✔ Healthcare Providers
- ✔ Policy Makers
- ✔ Psychologists
- ✔ Clinicians & Wellbeing Practitioners
- ✔ Mental Health Professionals
- ✔ Researchers
- ✔ Researchers and Clinicians interested in post-traumatic growth research
- ✔ Sociologists
- ✔ Economists
- ✔ Educators
- ✔ Social Policy Makers
- ✔ Organisational & Business Leaders
- ✔ Students
- ✔ Health Trainers
- ✔ Universities and school teachers
- ✔ Anybody with the desire to live a happier and more full-filled life

A big thank you to all the participants at our International Conference on Positive Psychology in Practice held on November 24th and 25th 2019, in Utrecht. A truly invigorating and activity rich two days event!

We covered diverse and thought inspiring topics such as Transformational Leadership & Mediation, The Art and Science of Creating Positive Workplace Interventions, Applying PERMA to Evolve Workplace Wellbeing Culture, how to face challenges and suffering with self-compassion, Flow State, Job Crafting, Positive Psychology Coaching and Laughter as a serious business.

Together we can create positive networking and growth opportunities for everyone involved.

"The conference in Utrecht was amazing, very good and interesting speakers!"

Positive Psychology Student

"Thanks so much for organising such a great event last week! Some brilliant speakers and a great conference! Very well run!"

PhD Researcher and Freelance consultant

"Loved the groups and interactions with other participants"

Entrepreneur and Change Manager

"Excellent & thought-provoking topics. Encouraging & approachable speakers & facilitators"

Secondary School Teacher

"Thank you for this magnificent conference"

Positive Psychologist

"The conference was very well organised"

Psychologist

3rd Positive Psychology

Thursday 24th June AM

08:00 - 09:00	Registration and Coffee
09:00 - 09:10	Guided 10-Minutes Mindfulness Meditation Evelyn Bierbach, CEO of „Ekatra“ - Personal Development through Coaching and YogaMeditation
09:10 - 09:30	Welcome and Opening of the Conference with a short introduction on “Cultural Communication Lucy Airs, Director of The Sustainable Change People Ltd, France
09:30 - 09:50	Passion and Leadership Sok-ho Trinh, Passionologist – Career & Leadership coach – Social scientist – Performer, London UK
09:50 - 10:30	Keynote: Positive Psychology in the Workplace Dr. Ilona Boniwell, CEO at Positran, France
10:30 - 10:35	Chair Yoga Exercise
10:35 - 11:00	Morning Coffee Break, Networking and visit of the exhibition
11:00 - 11:30	Authentically happy in nature Dr. Vikki Barnes, Clinical Psychologist, Mental Health and Wellbeing Consultant, Specialist in Positive Psychology and Happiness. Previously worked in operational and strategic roles with Virgin Care, Virgin Limited Edition and the NHS
11:30 - 12:30	Oral Poster Presentations Oral Poster Presenter to be advised,
12:30 - 12:35	Chair Yoga Exercise
12:35 - 13:30	Lunch Break, Networking and visit of the exhibition

in Practice Conference

Thursday 24th June PM

13:30 - 14:00	Interactive Group Activity
14:00 - 14:30	The science art of job crafting – bringing job crafting to life within people, teams and organisations Rob Baker, Founder & Chief Positive Deviant at Tailored Thinking
14:30 - 15:00	A taste of Appreciative Inquiry Sarah Lewis, Managing Director and Principal Psychologist at Appreciating Change, London, UK
15:00 - 15:05	Chair Yoga Exercise
15:05 - 15:30	Afternoon Coffee Break, Networking and visit of the exhibition
15:30 - 16:00	Tünde Erdős MSc. in Executive Coaching, Ashridge Accredited Executive Coach EMCC EIA Senior Practitioner, MCC ICF
16:00 - 16:30	Coaching and Positive Psychology: The Case for Integration Prof Christian van Nieuwerburgh Professor of Coaching and Positive Psychology University of East London
16:30 - 17:00	Panel Discussion and Closing Remarks

3rd Positive Psychology

Friday 25th June AM

08.00 - 09:00	Registration and Coffee
09:00 - 09:10	Chair's Welcome and Opening of the Conference Day 2 Lucy Airs, Director of The Sustainable Change People Ltd, France
09:10 - 09:20	Guided 10-Minutes Mindfulness Meditation Evelyn Bierbach, CEO of „Ekatra“ - Personal Development through Coaching and YogaMeditation
09:20 - 10:00	Keynote Presentation: Positive Psychology in Education Speaker to be advised,
10:00 - 10:30	Morning Coffee Break, Networking and visit of the exhibition
10:30 - 11:00	Beyond Happiness: Positive Psychology for Social Change Dr Evie Rosset, Lecturer, MAPP, Anglia Ruskin University, Co-founder, Maac Lab, Lyon, France
11:00 - 11:20	Case 1: Positive Psychology in Clinical Practice – Three Case Studies showing effectiveness of Positive Psychology Dr. Patrick Gwyer, Consultant Clinical Psychologist and Wellbeing and Happiness Social entrepreneur
11:20 - 11:40	Case 2: Speaker to be advised,
11:40 - 12:00	Case 3: Speaker to be advised,
12:00 - 12:05	Chair Yoga Exercise
12:05 - 13:00	Lunch Break, Networking and visit of the exhibition

in Practice Conference

Friday 25th June PM

13:00 - 13:20	Interactive Group Activity
13:20 - 13:50	Character Strengths Irena Ustinovic, Trainer, Positive Psychology specialist, Coach and Mentor, Poland
13:50 - 14:10	Practical Positive Psychology Rene Oehlenschläger, Author and Lecturer in Positive Psychology Denmark
14:10 - 14:40	Light Sabres At The Ready - Does Positive Education Need To Be A Battle? Dr Hazel Harrison, Clinical Psychologist, Founder of ThinkAvellana, UK
14:40 - 14:45	Chair Yoga Exercise
14:45 - 15:15	Afternoon Coffee Break, Networking and visit of the exhibition
15:15 - 15:45	Emotional Intelligence : how to use it to promote new ways of managing people in a crisis and change environment ? Odile Carru, Corporate and Executive Coaching, ICF Professional Certified Coach -PCC- France
15:45 - 16:15	How to Approach the Evaluation of Wellbeing Strategies Giselle Timmerman MAPP, Founder of Positive Work: Leadership Development, Team Coaching, MBA & HRM Professor
16:15 - 16:45	The evolution of positive psychology: Surfing the second and third waves Dr Tim Lomas, Senior Lecturer in Positive Psychology at University of East London
16:45 - 17:00	Panel Discussion and Closing Remarks

TOPICS TO BE DISCUSSED:

- 😊 Introduction on “Cultural Communication”
- 😊 Passion and Leadership
- 😊 Positive Psychology in the Workplace
- 😊 Authentically happy in nature
- 😊 The science art of job crafting – bringing job crafting to life within people, teams and organisations
- 😊 A taste of Appreciative Inquiry
- 😊 Positive Psychology Coaching
- 😊 Positive Psychology in Education
- 😊 Beyond Happiness: Positive Psychology for Social Change
- 😊 How more self-awareness help managers grow from “Doers” to Leaders ?
- 😊 The evolution of positive psychology: Surfing the second and third waves
- 😊 Practical Positive Psychology

Inquiries

FOR ALL INQUIRIES PLEASE CONTACT:

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How to book If you would like assistance registering your place, please contact us on **+44 (0)208 144 2944** and we will be happy to assist. If you are awaiting funding, no problem, you can request us to hold your place today to ensure you do not miss out. Prefer to pay by invoice? You can select this payment method, once you're through to the registration page.
<https://www.forumsandevents.co.uk/positive-psychology-in-practice-conference>

Delegate Rates
(please tick the box as applicable)

Dr Mr Mrs Ms Other (Please Circle)

Registration Fees (single day) £195.00
Charity/Student Registration (single day) £150.00
Registration Fees (both days) £299.00
Charity/Student Registration (both days) £195.00

5th **6th**
5th **6th**

First Name

Surname

Job Title

Organisation

Address

Postcode

Email

Tel

Please specify any special dietary or access requirements

Please invoice

Requesting an invoice and signing this form will secure your place at the conference. All invoices must be paid in full before the event. **See booking condition 6.**

Pay by Debit/Credit Card

Please debit my: Visa Card MasterCard

Card Number

Valid from Exp date

CVC Code
(3 digits on the back of the card)

Name on card

Signature

PLEASE COMPLETE (Billing address of Payment Card if different to the address above)

Address 1

Address 2

Town

Postcode

Country

If you have authorisation from your trust/department to attend this event and require an invoice, please provide the correct billing address or shared services address (including the relevant payable codes) and a purchase order number. We are unable to process any bookings without this information. We are unable to send out invoices to home addresses.

Bank Transfer

Account: Forums and Events Ltd
Bank: HSBC
Sort Code: 40-05-07
Account no: 81491326
SWIFT/BIC no: MIDLGB22

Reference: Delegates full name

Ways to book

www.forumsandevents.co.uk Email: info@forumsandevents.co.uk

Tel: +44 (0) 20 8144 2944

Conference fee includes

Entrance to the conference, lunch & refreshments full conference documentation and certificate of attendance.

Sponsorship opportunities

If you are interested in exhibiting or sponsoring this event contact:
Mr Charlie Ioannou on +44 (0) 20 8144 2944
charlie@forumsandevents.co.uk

Booking conditions

Forums and Events Ltd (the „Company“) accepts bookings under the following conditions:

- Bookings are accepted through our website by registering and providing the information needed and processing a credit card or bank transfer payment.
- Bookings are also accepted by fax or email by filling up the booking form together with full payment sent to Forums and Events Ltd. A confirmation of the booking will then be issued.
- Returning the signed registration form or making a payment through the website constitutes a firm booking.
- Bookings may be made over the telephone. In such case bookings will be confirmed only after receiving full payment.
- All payments including credit card, must be in the currency advertised.
- The Company reserves the right to cancel a booking if payment is not made 6 weeks prior to the conference taking place. Any outstanding payment becomes the responsibility of the signatory made on the reservation form.
- Payment for any booking made within 6 weeks of the conference will still be due to the Company irrespective of whether the delegate attends.
- All correspondence will be sent to participants at the address specified on the booking form or over the telephone (this address will also appear on the official Participants list given out at the event).
- Should you be unable to attend, a substitute delegate may be able to attend. This must be received in writing one week prior to the conference.
- The Company reserves the right to change the conference speakers in case of illness or other conditions beyond its control.
- The Company does not accept responsibility for loss or damage to delegates own property and/or personal effects whilst at the conference. The Company does not accept any liability for loss or damage to personal effects caused by events beyond its control including (but without limitation) fire, flood, strikes, civil disturbances or for consequential loss or damage of any kind whatsoever.
- Speakers agreed at time of print.

Cancellation of booking

- Written confirmation received 6 weeks prior to the conference will be accepted and a refund of 90% of the booking charge will be made. After this date, no refunds can be given. Verbal cancellations will not be accepted.
- If written cancellation is not received 6 weeks prior to the conference full payment will still be due irrespective of whether the delegate attends the conference.