

Psychedelic Healing in Psychotherapy

Saturday 23 November 2019, Camberwell, London

The use of psychedelics as therapeutic catalysts for emotional and spiritual transformation is now being rediscovered. Psychedelic therapy today is in a new renaissance. There are currently several clinical trials being conducted by established institutions in the UK, including Imperial College and King's College, which are now investigating the use of psychedelics in mental health care, and as cutting edge tools to probe the neurobiology of consciousness.

With mental health generally in decline and rates of depression, anxiety, suicide, addiction, and other psychological disorders skyrocketing, psychedelics may trigger a paradigm shift in mental health care.

Delegates will hear first-hand from scientists working at Imperial College about their new trial directly comparing psilocybin therapy with a conventional antidepressant drug in patients with depression.

This event will also explore the potential therapeutic application of various psychedelic substances, which include MDMA, LSD, mescaline, psilocybin and DMT as potential treatments in clinical psychiatry.

Although psychedelic assisted therapy is currently not possible outside of clinical trials due to the medical and legal status of these substances, psilocybin and MDMA are likely to be licensed for use in the next few years and psychedelic-assisted psychotherapy is expected to be a reality again soon within national healthcare.

Due to the resurgence of the use of these substances there is a growing need for psychotherapists to integrate psychedelic experiences into their practice and help patients managing their re-surfaced trauma, difficult psychedelic episodes and spiritual experiences. This event will help psychotherapists navigate the clinical, ethical and cultural issues around the use psychedelics.

Registration Space is limited. We encourage guests to register asap!!!

PROGRAMME -SUBJECT TO CHANGE-

09.20 - 09.50 Registration and Coffee

09.50 – 10.00 Chairman’s opening address

Dr. David Luke,

Senior Lecturer, Psychology, Department of Psychology, Social Work and Counselling, Faculty of Education and Health, University of Greenwich

10.00 – 11.00 History of Psychedelics

Dr. Ben Sessa,

Addictions Psychiatrist, MDMA Psychotherapist, Psychedelic Researcher and Writer

11.00 – 11.20 Morning Coffee Break and Networking

11.20 – 12.20 Psychedelics, Mental Health and Mystical Experiences

Dr. David Luke,

Senior Lecturer, Psychology, Department of Psychology, Social Work and Counselling, Faculty of Education and Health, University of Greenwich

12.20 – 13.10 Lunch Break and Networking

**13.10 – 14.10 Psilocybin for treatment resistant depression:
How do ‘set’, ‘setting’ and experiential factors shape psychological support?**

Dr. Camilla Day,

BAoxon MBChB MRCPsych, General Adult Psychiatrist, Honorary Research Associate for Centre for Affective Disorders, South London and Maudsley NHS Trust

Dr Gemma Knight,

Clinical Psychologist, Psychedelic Trials Group, King’s College London

Catherine Bird,

Research Assistant with the Psychedelic Trials Group at King’s College London

14.10 - 14.30 Coffee Break and Networking

**14.30 – 15.30 Psychedelic Integration and Therapeutic Growth:
Opportunities and Challenges in Clinical practice**

Maria Papaspyrou,

Psychotherapist & Family Constellations Facilitator

15.30 -16.30 The Peak Experience and the Come-down: Psychedelics and Transpersonal Psychology

Kevin Burns,

Counsellor and Somatic Experiencing Practitioner; Director of The Psychedelic Society of Brighton

16.30 - 17.00 Question & Answers with Panellists and Chair’s Closing Remarks and end of conference

Location



ORTUS Conferencing and Events Venue

82 - 96 Grove Lane, Camberwell, London, SE5 8SN

Rail/Tube

Denmark Hill station is managed by Southeastern on its lines from Victoria to Dartford and from Blackfriars to Sevenoaks. It is also served by London Overground. We have direct links to Victoria (9 minutes), Blackfriars (10 minutes), Canada Water for the Jubilee Line (12 minutes), Lewisham for DLR (13 minutes), Farringdon (16 minutes) and St Pancras for Kings Cross (20 minutes).

Please check the TfL website for details.

By foot

From Denmark Hill Station, turn left out of the station and walk for 200m until you reach Grove Lane. Turn left onto Grove Lane and we are about 200m down and on the left. Tip: if you reach the primary school you've gone too far. We are just before the primary school and can be accessed via the black gates.

Bus

Routes 40, 42, 68 (24 hrs) 176 (24 hrs), 185, 468, 484 all stop nearby. Walk down Grove Lane and enter by the black gates.

Car and Taxis

We always encourage the use of public transport but if you have to travel by car then from central London follow the A215 from the Elephant and Castle. Grove Lane is off Denmark Hill where Maudsley Hospital and King's College London is situated.

Parking: As expected in the close vicinity of a hospital, parking is restricted and may require payment. Please respect our neighbours when parking your vehicle. We do have limited parking space which is available to those with disabilities or special requirements. Please enquire as to availability when you contact our events team.

When ordering a taxi, the best place to request to be collected from is 82-96 Grove Lane, which is the entrance by our car park. It might also be worth mentioning that this entrance is just up the hill from Lyndhurst School.

Addison Lee: 020 7407 9000



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How to book If you would like assistance registering your place, please contact us on **+44 (0)208 144 2944** and we will be happy to assist. If you are awaiting funding, no problem, you can request us to hold your place today to ensure you do not miss out. Prefer to pay by invoice? You can select this payment method, once you're through to the registration page.
<https://www.forumsandevents.co.uk/occupational-therapy-in-the-diagnosis-of-personality-disorder>

Dr Mr Mrs Ms Other (Please Circle)	Delegate Rates (please tick the box as applicable)	Organisationally-funded	£195.00	<input type="checkbox"/>
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Sort Code: 40-05-07	documentation and certificate of attendance.			
Account no: 81491326	Sponsorship opportunities			
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Reference: Delegates full name	Mr Charlie Ioannou on +44 (0) 20 8144 2944			
	charlie@forumsandevents.co.uk			

Booking conditions

Forums and Events Ltd (the „Company“) accepts bookings under the following conditions:

- 1 Bookings are accepted through our website by registering and providing the information needed and processing a credit card or bank transfer payment.
- 2 Bookings are also accepted by fax or email by filling up the booking form together with full payment sent to Forums and Events Ltd. A confirmation of the booking will then be issued.
- 3 Returning the signed registration form or making a payment through the website constitutes a firm booking.
- 4 Bookings may be made over the telephone. In such case bookings will be confirmed only after receiving full payment.
- 5 All payments including credit card, must be in the currency advertised.
- 6 The Company reserves the right to cancel a booking if payment is not made 6 weeks prior to the conference taking place. Any outstanding payment becomes the responsibility of the signatory made on the reservation form.
- 7 Payment for any booking made within 6 weeks of the conference will still be due to the Company irrespective of whether the delegate attends.
- 8 All correspondence will be sent to participants at the address specified on the booking form or over the telephone (this address will also appear on the official Participants list given out at the event).
- 9 Should you be unable to attend, a substitute delegate may be able to attend. This must be received in writing one week prior to the conference.
- 10 The Company reserves the right to change the conference speakers in case of illness or other conditions beyond its control.
- 11 The Company does not accept responsibility for loss or damage to delegates own property and/or personal effects whilst at the conference. The Company does not accept any liability for loss or damage to personal effects caused by events beyond its control including (but without limitation) fire, flood, strikes, civil disturbances or for consequential loss or damage of any kind whatsoever.
- 12 Speakers agreed at time of print.

Cancellation of booking

- Written confirmation received 6 weeks prior to the conference will be accepted and a refund of 90% of the booking charge will be made. After this date, no refunds can be given. Verbal cancellations will not be accepted.
- If written cancellation is not received 6 weeks prior to the conference full payment will still be due irrespective of whether the delegate attends the conference.