

# Psychodrama Healing in Action

21<sup>st</sup> October 2021, London



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# Psychodrama Healing in Action

London, 21 October 2021

## PSYCHODRAMA – HEALING IN ACTION

In this one-day conference, we will explore action methods and creative techniques that can be used in individual and group psychotherapy. Leading experts in the fields of psychodrama psychotherapy, sociodrama and action methods from the UK and beyond will present tried-and-tested methods, experiential therapy exercises and basic psychodrama techniques that you can use and adapt to enhance your own practice.

Drawing on the legacy of Dr J L Moreno's philosophy, theory and methods, the conference presenters will demonstrate how psychodrama, sociodrama and action methods can be integrated into clinical and community settings working with such issues as addiction, trauma, anxiety, bereavement, eating disorders, autism, family conflict, relational trauma, offending behaviour, psychosomatic issues and personality disorders and mental illness.

Psychodrama psychotherapy has demonstrated its effectiveness in a wide range of published studies, and the method has in recent years received increasing attention as a wellspring of resources and techniques for experiential, creative and active approaches to social and emotional healing and personal development. Psychodrama is practised by more than 10,000 practitioners around the world, in more than 90 countries, and continues to expand each year. Psychodrama psychotherapy is recognised and accredited by the United Kingdom Council for Psychotherapy, and psychodrama's umbrella organisation is the British Psychodrama Association.

This event will demonstrate how psychodrama can safely be used to create pathways to change. Please come prepared to participate in the lecture-demonstrations and in the experiential workshops.

# TARGET AUDIENCE

- ✔ Psychotherapists and counsellors
- ✔ Psychologists
- ✔ Occupational therapists
- ✔ Psychiatrists and all mental health professionals
- ✔ Criminal Justice professionals, including YOT workers
- ✔ Substance Misuse professionals
- ✔ Youth Workers
- ✔ Social Workers
- ✔ Community workers
- ✔ Supervisors and Managers
- ✔ Coaches and Mentors
- ✔ Business consultants and trainers
- ✔ Teachers and educators for all age groups
- ✔ Conflict resolution workers
- ✔ NGOs and voluntary sector professionals and volunteers
- ✔ Psychodramatists
- ✔ Sociodramatists
- ✔ Dramatherapists
- ✔ Community and applied theatre workers
- ✔ Adventure therapists, recreational therapists and experiential therapists
- ✔ Plus: Students, trainees, supervisors, tutors and educators in any of the above occupations

**Registration Space is limited. We encourage guests to register asap!!!**

## REGISTRATION FEES

### **15% OFF FOR GROUPS (3 DELEGATES OR MORE)**

|                                     |         |
|-------------------------------------|---------|
| Standard Registration               | £165.00 |
| Registration Charity/Student Sector | £125.00 |

# PROGRAMME -SUBJECT TO CHANGE-

**09.00 - 09:30 Registration and Coffee**

**09:30 - 10:00 Chairs' welcome: A Psychotherapy Based on Spontaneity and Creativity: The philosophy, theory and method of psychodrama psychotherapy and its creator, Dr. J L Moreno.**

**Dr. Clark Baim PhD, Co-Chair for the day**

Senior Trainer in Psychodrama Psychotherapy (UKCP, BPA) and Director of the Birmingham Institute for Psychodrama in the UK. He is also the Co-Director of Change Point Learning and Development Honorary President of the British Psychodrama Association

**Anna Chesner, Co-Chair for the day**

Co-director at the London Centre for Psychodrama Group and Individual Psychotherapy, Psychotherapist, Trainer and Supervisor

**10:10 - 10:30 Psychodrama techniques that are commonly used in a wide variety of therapeutic modalities: A lecture-demonstration**

**Dr. Clark Baim PhD,**

Senior Trainer in Psychodrama Psychotherapy (UKCP, BPA) and Director of the Birmingham Institute for Psychodrama in the UK. He is also the Co-Director of Change Point Learning and Development Honorary President of the British Psychodrama Association

**10:30 - 11:00 Old responses patterns and new contexts: How psychodrama techniques can help people to gain insight into unhelpful patterns and widen their repertoire of functional roles**

**Anna Chesner,**

Co-director at the London Centre for Psychodrama Group and Individual Psychotherapy, Psychotherapist, Trainer and Supervisor

**11:00 - 11:10 Question & Answers**

**11:10 - 11:30 Morning Coffee, Networking**

**CONFERENCE CONTINUES AND SPLITS INTO WORKSHOPS, Group will be split into Workshop A, B, C and D (Maximum 25 per group)**

**11:30 - 13:00 Workshops A, B, C and D**

**Workshop A One to one psychodrama psychotherapy: Applications and technique**

**Anna Chesner,**

Co-director at the London Centre for Psychodrama Group and Individual Psychotherapy, Psychotherapist, Trainer and Supervisor

✔ *This workshop will demonstrate and discuss key approaches to using psychodrama interventions safely and effectively in the one-to-one setting.*

**Workshop B Sociodrama, global warming, hope and despair**

**Dr. Ron Wiener,**

Senior Sociodrama Trainer with the British Psychodrama Association

**CONFERENCE CONTINUES AND SPLITS INTO WORKSHOPS, Group will be split into Workshop A, B, C and D (Maximum 25 per group) Continued**

**11:30 - 13:00 Workshops A , B, C and D**

**Workshop C Psychodrama with trauma survivors: principles of safety and pathways towards healing**

**Ina Hogenboom,**

Registerpsycholoog NIP, Arbeid en Organisatie Trainer, Educator & Practitioner in Psychodrama (TEP) Leiden, Netherlands

**Workshop D Working with a Life Map as a therapeutic tool in a forensic context**

**Dr. Maxine Daniels,**

Psychodrama Psychotherapist and Senior Trainer, working in clinical practice in hospitals and criminal justice agencies

**13:00 - 14:00 Lunch, Networking**

**CONFERENCE CONTINUES AND SPLITS INTO WORKSHOPS, Group will be split into Workshop A, B, C and D (Maximum 25 per group, the morning themes are repeated)**

**14:00 - 15:30 Workshops A , B, C and D**

**Workshop A One to one psychodrama psychotherapy: Applications and technique**

**Anna Chesner,**

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**15:30 - 15:50 Afternoon Coffee Break and Networking**

**15:50 - 16:20 Whole group – reflections in action Led by Clark Baim and Anna Chesner, in collaboration with the day's presenters**

**16:20 - 16:40 Reflections and connections (A question and answer session):**

- ✔ How does your practice relate to and integrate action methods and techniques inspired by psychodrama approaches?
- ✔ What is the future for psychodrama?
- ✔ Possible future themes for the next conference.
- ✔ Where can I train in psychodrama?

**17:30 Panel Discussion and Chairs' Closing Remarks**

# Psychodrama Healing in Action

## Thursday London, 21 October 2021

**How to book** If you would like assistance registering your place, please contact us on **+44 (0)208 144 2944** and we will be happy to assist. If you are awaiting funding, no problem, you can request us to hold your place today to ensure you do not miss out. Prefer to pay by invoice? You can select this payment method, once you're through to the registration page.  
<https://www.forumsandevents.co.uk/psychodrama-healing-in-action>

|   |   |   |  |  |                          |
|---|---|---|--|--|--------------------------|
| Dr Mr Mrs Ms Other (Please Circle)  |   | Delegate Rates<br>(please tick the box as applicable)   | Standard Registration<br>Registration Charity/Student Sector | £195.00 <input type="checkbox"/><br>£165.00 <input type="checkbox"/> |                          |
| First Name  |   | Surname   |  |  |                          |
| Job Title   |   |   |  |  |                          |
| Organisation  |   |   |  |  |                          |
| Address   |   |   |  |  |                          |
| Postcode  |   |   |  |  |                          |
| Email   |   | Tel   |  |  |                          |
| Please specify any special dietary or access requirements   |   |   |  |  |                          |
| Workshop 1<br>11:30 to 13:00  | Workshop A - Anna Chesner, One to one psychodrama psychotherapy: Applications and technique                       |   |  | <input type="checkbox"/>   |                          |
|   | Workshop B - Dr. Ron Wiener, Sociodrama, global warming, hope and despair   |   |  | <input type="checkbox"/>   |                          |
|   | Workshop C - Ina Hogenboom, Psychodrama with trauma survivors: principles of safety and pathways towards healing. |   |  | <input type="checkbox"/>   |                          |
|   | Workshop D - Dr. Maxine Daniels, Working with a Life Map as a therapeutic tool in a forensic context              |   |  | <input type="checkbox"/>   |                          |
| Workshop 2<br>14:00 to 15:30  | Workshop A - Anna Chesner, One to one psychodrama psychotherapy: Applications and technique                       |   |  | <input type="checkbox"/>   |                          |
|   | Workshop B - Dr. Ron Wiener, Sociodrama, global warming, hope and despair   |   |  | <input type="checkbox"/>   |                          |
|   | Workshop C - Ina Hogenboom, Psychodrama with trauma survivors: principles of safety and pathways towards healing. |   |  | <input type="checkbox"/>   |                          |
|   | Workshop D - Dr. Maxine Daniels, Working with a Life Map as a therapeutic tool in a forensic context              |   |  | <input type="checkbox"/>   |                          |
| Please invoice  |   | Requesting an invoice and signing this form will secure your place at the conference. All invoices must be paid in full before the event. <b>See booking condition 6.</b>   |  |  | <input type="checkbox"/> |
| Pay by Debit/Credit Card<br>Please debit my: Visa Card <input type="checkbox"/> MasterCard <input type="checkbox"/> |   | PLEASE COMPLETE (Billing address of Payment Card if different to the address above)   |  |  |                          |
| Card Number <input type="text"/>  |   | Address 1 <input type="text"/>  |  |  |                          |
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| CVC Code <input type="text"/><br><small>(3 digits on the back of the card)</small>                                  |   | Town <input type="text"/>   |  | Postcode <input type="text"/>  |                          |
| Name on card <input type="text"/>   |   | Country <input type="text"/>  |  |  |                          |
| Signature <input type="text"/>  |   | If you have authorisation from your trust/department to attend this event and require an invoice, please provide the correct billing address or shared services address (including the relevant payable codes) and a purchase order number. We are unable to process any bookings without this information. We are unable to send out invoices to home addresses. |  |  |                          |

### Booking conditions

Forums and Events Ltd (the „Company“) accepts bookings under the following conditions:

- 1 Bookings are accepted through our website by registering and providing the information needed and processing a credit card or bank transfer payment.
- 2 Bookings are also accepted by fax or email by filling up the booking form together with full payment sent to Forums and Events Ltd. A confirmation of the booking will then be issued.
- 3 Returning the signed registration form or making a payment through the website constitutes a firm booking.
- 4 Bookings may be made over the telephone. In such case bookings will be confirmed only after receiving full payment.
- 5 All payments including credit card, must be in the currency advertised.
- 6 The Company reserves the right to cancel a booking if payment is not made 6 weeks prior to the conference taking place. Any outstanding payment becomes the responsibility of the signatory made on the reservation form.
- 7 Payment for any booking made within 6 weeks of the conference will still be due to the Company irrespective of whether the delegate attends.
- 8 All correspondence will be sent to participants at the address specified on the booking form or over the telephone (this address will also appear on the official Participants list given out at the event).
- 9 Should you be unable to attend, a substitute delegate may be able to attend. This must be received in writing one week prior to the conference.
- 10 The Company reserves the right to change the conference speakers in case of illness or other conditions beyond its control.
- 11 The Company does not accept responsibility for loss or damage to delegates own property and/or personal effects whilst at the conference. The Company does not accept any liability for loss or damage to personal effects caused by events beyond its control including (but without limitation) fire, flood, strikes, civil disturbances or for consequential loss or damage of any kind whatsoever.
- 12 Speakers agreed at time of print.

### Cancellation of booking

- Written confirmation received 6 weeks prior to the conference will be accepted and a refund of 90% of the booking charge will be made. After this date, no refunds can be given. Verbal cancellations will not be accepted.
- If written cancellation is not received 6 weeks prior to the conference full payment will still be due irrespective of whether the delegate attends the conference.